



<i>Contents</i>	<i>Page</i>
<i>Anglia & South East Area</i>	<i>2</i>
<i>Midland Area</i>	<i>3</i>
<i>Northern Area</i>	<i>4</i>
<i>North Thames & Chilterns Area</i>	<i>5</i>
<i>Southern Area</i>	<i>6</i>
<i>2nd Tier Groups</i>	<i>7</i>

Group Meeting Details

Anglia & South East Area

Barking & Dagenham	Tuesday	8:30pm	The White Horse, 118 High Road, Chadwell Heath RM6 6NU	http://www.plusgroups.org.uk/a/barkingdagenham
Bishop's Stortford	Last Wednesday of month	9:00pm	The Harvest Moon, Thorley, Bishop's Stortford CM23 4EG	http://www.18plus.org.uk/ea/bishops-stortford/
Brentwood	First Monday of month	9:00pm	The Artichoke, Shenfield Common, Brentwood CM15 8DZ	http://www.plusgroups.org.uk/a/brentwood
Chelmsford	First Wednesday of month	9:00pm	Marconi Athletic & Social Club, Beehive Lane, Chelmsford, CM2 9RX	http://www.18plus.org.uk/ea/chelmsford/
Crawley	First Friday of month	8:00pm	The Goffs Manor, Old Horsham Road, Southgagte, Crawley RH11 8PE	http://www.crawley18plus.org.uk/
Havering & Romford	Wednesday and Thursday	8:45pm 9:00pm	The North Romford Community Centre (room 6), Clockhouse Lane, Collier Row RM5 3QJ Clubs 2004, 168 Station Lane, Hornchurch RM12 6LS	http://www.plusgroups.org.uk/a/havering
Kings Lynn	Monday	9:00pm	The Crown & Mitre, Ferry Street, King's Lynn PE30 1LJ	http://www.kingslynnplus.org.uk/
Redbridge	Friday	8:30pm	The York Room, Ilford Central Library, Clements Road, Ilford IG1 1EA	http://www.18plus.org.uk/ea/redbridge/
West Kent	Tuesday	8:30pm	The Rose & Crown, 47 Grosvenor Road, Tunbridge Wells TN1 2AY	http://www.westkentplus.org



Midland Area

Coventry

<http://www.plusgroups.org.uk/a/coventry>

Lichfield Wednesday 8:45pm The Duke of York, Greenhill,
Lichfield WS13 6DY

<http://www.eternal-fortress.org.uk/lichfield/>

Solihull Wednesday 8:15pm Silhill Football Club, Sharmans
Cross Road, Solihull B91 1RQ

<http://www.solihullplus.org.uk>

Sutton Coldfield Thursday 8:30pm Sutton Coldfield Cricket Club,
Rectory Park, Rectory Road, Sutton
Coldfield B75 7RS

<http://www.plusgroups.org.uk/a/suttoncoldfield>



Group Meeting Details

Northern Area

Bradford	Wednesday	8:30pm	The Spirit of Bradford, The Midland Hotel, Forster Square, Bradford BD1 4HU	http://www.plusgroups.org.uk/a/bradford
Leeds	Friday fornightly		The Cross Keys, Holbeck Urban Village, Water Lane, Leeds LS11 5DW	http://www.plusgroups.org.uk/a/leeds
Rothwell	Monday	8:30pm	The Unicorn Inn, Main Street, Carlton, Wakefield WF3 3RW	http://www.plusgroups.org.uk/a/rothwell
Sheffield	Monday	8:30pm	The Red Lion, 109 Charles Street, Sheffield S1 2ND	http://www.plusgroups.org.uk/a/sheffield



Group Meeting Details

North Thames and Chilterns Area

Barnet	Sunday	8.15pm	The All Saints Arts Centre, 122 Oakleigh Road North, London N20 9EZ	
Dunstable	Friday	9:00pm	Dunstable Leisure Centre, Court Drive, Dunstable LU5 4JD	http://www.dunstableactiveplus.org.uk/
Hillingdon	Wednesday	9:00pm	The Coach & Horses, High Road, Ickenham UB10 8LJ	http://www.hillingdonharrowplus.org.uk/
Slough, Windsor & Eton	Thursday	8:45pm	The New College, 55 High Street, Eton, Windsor SL4 6BL	http://www.18plus.org.uk/sa/slough/
Stevenage	Thursday	8:15pm	Room 1, Holiday Inn Express, Danestrete, Stevenage SG1 1HA	http://www.stevenageplus.co.uk/



Group Meeting Details

Southern Area

Abingdon	Most Mondays	8:00pm	The Brewery Tap 40-42 Ock Street, Abingdon OX14 5BZ	http://www.18plus.org.uk/sa/abingdon/
Andover & Newbury	1 st & 3 rd Wednesdays	8:30pm		http://www.communicate.co.uk/hants/andover18plusgroup
	2 nd & 4 th Wednesdays	8:15pm	The Blue Ball, Greenham Road, Newbury RG14 7HY	
Didcot	Thursday	7:00pm	The Fleur-De-Lys, 30 Main Road, East Hagbourne, Didcot OX11 9LN	http://www.18plus.org.uk/sa/didcot/
Fareham & Gosport	Tuesday	8:30pm	The Fareham, 54 Trinity Street, Fareham PO16 7SA	http://www.farehamandgosportplus.hampshire.org.uk/
Oxford	Tuesday	8:00pm	Fairview Inn, 16 Glebelands, Headington, Oxford OX3 7EN	http://www.18plus.org.uk/sa/oxford/
Reading	Friday except 1 st of month	8.00pm	The Toby Carvery, Richfield Avenue, Reading RG1 8EQ	http://www.18plus.org.uk/sa/reading/
Southampton Friends	Wednesday except last of month	8:30pm	The Chambers, 74-76 London Road, Southampton SO15 2AJ	http://www.plusgroups.org.uk/a/southampton
Thatcham & Newbury	Alternate Wednesdays	8:15pm	The Blue Ball, Greenham Road, Newbury RG14 7HY	http://www.18plus.org.uk/sa/thatcham/

Group Meeting Details

2nd Tier (Quest) Groups

Berkshire South Bucks Quest	Please contact southbucksplus@mail.com for meeting details		http://www.plusgroups.org.uk/a/southbuckinghamshirequest
Bradford Quest	2 nd Wednesday of month	8:45pm	The David Hockney, Shipley, Bradford http://www.plusgroups.org.uk/a/bradfordquest
Chiswick Quest	Tuesday	9:00pm	JB Bar & Diner, 590 Chiswick High Road, Chiswick, London W4 5RP
Haverhill Quest	Monday	9:00pm	The Rose Tavern, 44 Burton End, Haverhill CB9 9LR http://www.18plus.org.uk/second-tier/bishops-stortford
Hillingdon Quest	2 nd Tuesday of month	9:00pm	The Case Is Altered, High Road, Eastcote, Pinner HA5 2EW http://www.plusgroups.org.uk/a/hillingdonquest
Lichfield Quest	Wednesday	8:45pm	The Duke of York, Greenhill, Lichfield WS13 6DY http://www.plusgroups.org.uk/a/lichfieldquest
Lincs Quest	1st & 3rd Wednesday of month	8:30pm	The Crows Nest Hotel, Balmoral Road, Cleethorpes DN35 9ND http://www.anvil.uk.net/questlincs.html
Romford Quest	Last Sunday of month	8:45pm	The bar of Number 10 Bowling Alley, The Brewery, Waterloo Road, Romford RM1 1AU http://www.myspace.com/romfordquest