



<i>Contents</i>	<i>Page</i>
<i>Anglia & South East Area</i>	<i>2</i>
<i>Midland Area</i>	<i>3</i>
<i>North Thames & Chilterns Area</i>	<i>4</i>
<i>Southern Area</i>	<i>5</i>

Group Meeting Details

Anglia & South East Area

Barking & Dagenham	Tuesday	8:30pm	The White Horse, 118 High Road, Chadwell Heath RM6 6NU	http://barkingdagenhamplus.com/
Havering & Romford	2 nd & 4 th Wednesday of month	8:45pm	The Golden Lion, High Street, Romford RM1 1HR	
	and 1 st , 3 rd & 5 th Thursday of month	9:00pm	Clubs 2004, 168 Station Lane, Hornchurch RM12 6LS	
Kings Lynn	Tuesday	9:00pm	The Crown & Mitre, Ferry Street, King's Lynn PE30 1LJ	http://www.kingslynnplus.org.uk/
Redbridge	Friday	8:30pm	Goodmayes Community Centre, 616C Green Lane, Goodmayes, Ilford, Essex, IG3 9SE	http://www.redbridge18plus.org.uk/
West Kent	2 nd & 4 th Tuesdays	7:30pm	The Barn (in conservatory), 1 Lonsdale Road, Royal Tunbridge Wells, Kent, TN1 1NU	http://westkentplus.wix.com/westkentplus
	Other Tuesdays		various Wetherspoons in West Kent Area	

Group Meeting Details

Midland Area

Bradford	Last Saturday of month		The Old Bank, 69 Market Street, Bradford BD1 1NE	
Coventry				
Leeds	Every 2nd Friday of month	8:45pm	The Tetley, Hunslet Road, Leeds LS10 1JQ	http://www.facebook.com/pages/Leeds-Plus/110197529003927
Lichfield	Wednesday	9:00pm	The Duke of York, Greenhill, Lichfield WS13 6DY	
Lincs Quest	1st & 3rd Wednesday of month	8:30pm	Carr Lane Social Club, Carr Lane, Grimsby DN32 8JP	http://www.plusgroups.org.uk/plus/ma/lincs_quest/
Rothwell	Monday	8:30pm	The Unicorn Inn, Main Street, Carlton, Wakefield WF3 3RW	
Solihull Quest	Wednesday	8:15pm	The Fieldhouse, 10 Knightcote Drive, Solihull B91 3JU	http://www.solihullplus.org.uk

Group Meeting Details

North Thames and Chilterns Area

Barnet	Sunday	8.15pm	Discovery Hall, 1 Stevenson Close, Netherlands Road, New Barnet EN5 1DR	http://www.barnetplus.com/
Didcot	Thursday	7:15pm	Meets every Thursday at The Cherry Tree, 33 High St, Steventon, Abingdon OX13 6RZ	http://www.plusgroups.org.uk/plus/ntca/didcot/
Dunstable	Friday	9:00pm (for badminton), 10:00pm (for drinks)	Dunstable Leisure Centre, Court Drive, Dunstable LU5 4JD	http://www.dunstableactiveplus.org.uk/
Hillingdon & Chiswick	2nd Wednesday of month	9:00pm	The Fairway, Ruislip Golf Club, Ickenham Road, Ruislip HA4 7DQ	http://www.hillingdonharrowplus.org.uk/
Slough, Windsor & Eton	4 th Wednesday of month	8:45pm	The Tower Arms, 2 Thorney Lane South, Iver SL0 9AE	http://sloughplus.weebly.com/
Stevenage	Thursday	8:30pm	Room 1, Holiday Inn Express, Danestrete, Stevenage SG1 1HA	http://www.stevenageplus.co.uk/



Group Meeting Details

Southern Area

Abingdon	Most Mondays	8:00pm	The Brewery Tap 40-42 Ock Street, Abingdon OX14 5BZ	http://www.18plus.org.uk/sa/abingdon/
Andover & Newbury				http://www.plusgroups.org.uk/plus/sa/andover/
Oxford				http://www.18plus.org.uk/sa/oxford/
Reading	Friday	8.15pm	The Walkabout, Wiston Terrace, Reading RG1 1DG	
South Bucks Quest	Most Tuesdays		Magnet Leisure Centre, Holmanleaze, Maidenhead SL6 8AW	