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Group Meeting Details

Anglia & South East Area

Barking & Dagenham	Tuesday	8:30pm	The White Horse, 118 High Road, Chadwell Heath RM6 6NU	http://barkingdagenhamplus.com/
Brentwood	1 st Monday of month	9:00pm	The Artichoke, Shenfield Common, Brentwood CM15 8DZ	http://www.plusgroups.org.uk/a/brentwood
Chelmsford	1 st Wednesday of month	9:00pm	Marconi Athletic & Social Club, Beehive Lane, Chelmsford, CM2 9RX	http://www.18plus.org.uk/ea/chelmsford/
Crawley	First Friday of month	8:00pm	The Goffs Manor, Old Horsham Road, Southgagte, Crawley RH11 8PE	http://www.crawley18plus.org.uk/
Haverhill Quest	Monday	9:00pm	The Rose Tavern, 44 Burton End, Haverhill CB9 9LR	http://www.18plus.org.uk/second-tier/bishops-stortford
Havering & Romford	2 nd & 4 th Wednesday of month	8:45pm	The North Romford Community Centre (room 6), Clockhouse Lane, Collier Row RM5 3QJ	http://www.plusgroups.org.uk/a/havering
	and 1 st , 3 rd & 5 th Thursday of month	9:00pm	Clubs 2004, 168 Station Lane, Hornchurch RM12 6LS	
Kings Lynn	Tuesday	9:00pm	The Crown & Mitre, Ferry Street, King's Lynn PE30 1LJ	http://www.kingslynnplus.org.uk/
Redbridge	Friday	8:30pm	The York Room, Ilford Central Library, Clements Road, Ilford IG1 1EA	http://www.redbridge18plus.org.uk/
Romford Quest	Wednesday	8:45pm	North Romford Community Centre, Clockhouse Lane, Collier Row, Romford RM5 3QJ	http://www.myspace.com/romfordquest
West Kent	Tuesday	8:30pm	The Rose & Crown, 47 Grosvenor Road, Tunbridge Wells TN1 2AY	http://www.westkentplus.org



Group Meeting Details

Midland Area

Barkingside

Coventry

<http://www.plusgroups.org.uk/a/coventry>

Lichfield Wednesday 9:00pm The Duke of York, Greenhill,
Lichfield WS13 6DY

<http://www.eternal-fortress.org.uk/lichfield/>

Lichfield Quest Wednesday 9:00pm The Duke of York, Greenhill,
Lichfield WS13 6DY

<http://www.plusgroups.org.uk/a/lichfield/quest>

Solihull Wednesday 8:15pm The Old Edwardians Sports Club,
Streetsbrook Road, Shirley, Solihull
B90 3PE

<http://www.solihullplus.org.uk>

Sutton Coldfield Monday 8:30pm The Kings Arms, Coleshill Road,
Sutton Coldfield B75 7AA

<http://www.plusgroups.org.uk/a/suttoncoldfield>



Group Meeting Details

Northern Area

Bradford & Leeds	Wednesday	8:30pm	The Spirit of Bradford, The Midland Hotel, Forster Square, Bradford BD1 4HU	http://www.plusgroups.org.uk/a/bradford
Lincs Quest	1st & 3rd Wednesday of month	8:30pm	The Crows Nest Hotel, Balmoral Road, Cleethorpes DN35 9ND	http://www.anvil.uk.net/questlincs.html
Rothwell	Monday	8:30pm	The Unicorn Inn, Main Street, Carlton, Wakefield WF3 3RW	http://www.plusgroups.org.uk/a/rothwell
Sheffield	Monday	8:30pm	The Red Lion, 109 Charles Street, Sheffield S1 2ND	http://www.plusgroups.org.uk/a/sheffield



Group Meeting Details

North Thames and Chilterns Area

Barnet	Sunday	8.15pm	Discovery Hall, Stevenson Close, Netherlands Road, New Barnet EN5 1DR	http://www.barnetplus.com/
Chiswick Quest	Tuesday	9:00pm	The Gunnersbury, 590 Chiswick High Road, Chiswick, London W4 5RP	
Didcot	Thursday	7:00pm	The Fleur-De-Lys, 30 Main Road, East Hagbourne, Didcot OX11 9LN	http://www.plusgroups.org.uk/plus/ntca/didcot/
Dunstable	Friday	9:00pm	Dunstable Leisure Centre, Court Drive, Dunstable LU5 4JD	http://www.dunstableactiveplus.org.uk/
Hillingdon			The Coach & Horses, 1 High Road, Ickenham UB10 8LJ	http://www.hillingdonharrowplus.org.uk/
Hillingdon Quest	2 nd Tuesday of month	9:00pm	The Case Is Altered, High Road, Eastcote, Pinner HA5 2EW	http://www.plusgroups.org.uk/a/hillingdonquest
Slough, Windsor & Eton				http://www.18plus.org.uk/sa/slough/
Stevenage	Thursday	8:30pm	Room 1, Holiday Inn Express, Danestrete, Stevenage SG1 1HA	http://www.stevenageplus.co.uk/



Group Meeting Details

Southern Area

Abingdon	Most Mondays	8:00pm	The Brewery Tap 40-42 Ock Street, Abingdon OX14 5BZ	http://www.18plus.org.uk/sa/abingdon/
Andover & Newbury	1 st & 3 rd Wednesdays	8:00pm	The Star Inn, Newbury Road, Kingsclere RG20 4SY	http://www.communicate.co.uk/hants/andover18plusgroup
Fareham & Gosport	Tuesday	8:30pm	The Fareham, 54 Trinity Street, Fareham PO16 7SA	http://www.farehamplus.350.com/
Oxford	Tuesday	8:00pm	Fairview Inn, 16 Glebelands, Headington, Oxford OX3 7EN	http://www.18plus.org.uk/sa/oxford/
Reading	Friday	8.00pm	The Toby Carvery, Richfield Avenue, Caversham Bridge, Reading RG1 8EQ	http://www.readingplus.350.com/
Southampton Friends	Wednesday except last of month	8:30pm	The Slug & Lettuce, 103-105 Above Bar Street, Southampton SO14 7FG	http://www.plusgroups.org.uk/a/southampton
South Bucks Quest	Most Tuesdays		Magnet Leisure Centre, Holmanleaze, Maidenhead SL6 8AW	http://www.plusgroups.org.uk/a/southbuckinghamshirequest