



## Now Get Out Of That 2009



Friday 31<sup>st</sup> July – Sunday 2<sup>nd</sup> August 2009

### What is NGOOT, and what do I get?

NGOOT, the weekend of physical and mental challenges for teams of 4. Arrival is on Friday 31<sup>st</sup> July from 17:00 onwards. Activities start on Saturday morning, and continue until Sunday afternoon. Accommodation is included on Friday night, and the intention is that you turn up and have a drink at the local pub and get your team briefing for the weekend.

This year the venue chosen is Hill End Council Activity Centre, Oxford, OX2 9NJ. We have arranged for all members to be accommodated indoors in four dormitories comprising a mix of single beds and a couple of bunks, however, limited camping is available should you wish to practice this. Each bed comes supplied with a mattress, members need to provide a sleeping bag and pillow as appropriate.

Unless requested on the booking form, we will be designating some rooms “male only” and others “female only”. If you would like mixed accommodation please indicate this on your booking form. We will try to accommodate your request.

In attending NGOOT members need to be aware it will involve a number of 0.5km walks up and down between car park, breakfast, shower and accommodation blocks, you will need to carry the kit you bring along. The activities will involve an 11km walk, roaming a city most of the day on and off of buses (recommended). Additionally you’ll have puzzles, quizzes, engineering problems and artistic abilities will be tested.

### How do I form a team?

Teams must consist of 4 members of the Federation. Teams can be any mix of full and associate members, and can consist of members from one or more groups.

Should you not be able to form a complete team, please contact the Booking Agent who may be able to put you in contact with other members / teams in a similar situation.

### How much is it?

The cost is £40 per person for 2 nights indoor accommodation, two breakfasts, BBQ and the activities.

Suitable pub stop on Saturday will be down to your team’s preference and Sunday will see us start and finish at the Bear and Ragged Staff.

A Saturday evening BBQ is organised. There is no bar on site, however you are able to bring your own liquid refreshment should the liquid provided not be to your taste.

### How do I get More Information?

The reverse of this letter contains additional general information.

Information about previous year’s activities is available from any members that have attended. This will give you first hand, the type of events that you can expect.

If you can’t find previous attendees, or you require additional information then contact the Organisers

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Tina Bunyan

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E-mail: [tina.bunyan@btopenworld.com](mailto:tina.bunyan@btopenworld.com)

### What do members need to provide

#### One Per Team (Compulsory)

- A team of 4 members.
- A form of digital recording media, mobile phone camera/digital camera/video camera with playback
- Ordnance Survey Map of Oxford.
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### **One Per Team (Suggested)**

- Team spirit.
- Compass and Map Case

### **One Per Member (Compulsory)**

- **Current Valid Plus membership card.**
- Walking boots or strong shoes – There will be some walking over the weekend.
- Sleeping bag
- Washing gear, towel etc.

### **One Per Member (Suggested)**

- Change of clothes – It is possible that you may get wet, dirty or both.
- Pens, pencils, note paper, etc.
- Initiative.
- Some spending money (Beer, lunchtime food, bus etc.)
- Torch

### **How Do I book?**

Please return the booking form and group cheque made payable to  
“**Didcot 18 Plus Group**” to

Tina Bunyan,  
Bookings Officer,  
21 White Leys Close,  
DIDCOT,  
Oxon.  
OX11 7LP.  
(H) 01235 810361

**Hope to see you over the weekend.**

*Adrian & Tina*

