National Federation of 18 Plus Groups
of Great Britain

http://www.plusgroups.org.uk

SLOUGH, WINDSOR & ETON PLUS GROUP

Are you looking to make new friends and improve your social life?
If the answer is 'YES', or even 'MAYBE', read on!

Welcome to the country's liveliest young peoples' social and activities organisation.

The National Federation of Plus Groups has around 500 members in over 45 groups across the country. Plus is a non-profit making organisation, run for and by its members and has been established for over 60 years. It has no commercial, political or religious ties and has nothing to do with any dodgy 'Club Med' holidays!!

Slough, Windsor and Eton Plus meet every Thursday evening, from 9pm, at
The New College Arms, 55 High Street, Eton (not far from bridge).

Thursday evening activities range from team quizzes, just chatting, or to going out to a local event. This is your main opportunity to meet other members and find out what events are planned for the weekend and over the next few weeks. A full 3-month programme of events is also published regularly.

The group also organises a wide range of weekend activities!

Saturday evening activities include trips to the theatre, comedy shows, barbeques, night clubbing or a disco/dance run by one of the Plus groups. Some events are listed on the programme, but there are impromptu pub-crawls and trips to the local bowling alley on Friday and Saturday nights.

If you don't drive, don't worry,
we can arrange to pick you up or meet you at a convenient location.

There are daytime activities, such as go-karting, pot-holing, paintball, and canoeing, to name but a few.
Sometimes we meet on Sunday night at a local pub for a drink and a quiz.

There are lots of other local groups to meet and we can join in their events too!

Local groups are: - Barnet, Chiswick, Dunstable, Hillingdon & Harrow, Reading, South Bucks, & Stevenage.
Slough members are always welcome at any groups' mid-week or weekend events.

There are also inter-group competitions, such as five-a-side football, badminton, ten-pin bowling, rounders and music quizzes.

There are a number of National weekend events,
available to all Plus members around the country:

AGM- Annual General Meeting, in March, in Warwick, where all groups are represented and can vote on motions, speak their opinion about something, and here which groups or individuals have won awards.

BREAN- A springtime holiday in Brean Sands, Weston-Super-Mere.
Three nights in a caravan, day and night entertainment, plus activities, swimming pool, karaoke, fun- fair and real ale trip.

NGOOT- 'Now get out of that' is a fun-packed activities weekend, around May, where your ingenuity and skills are put to the test. Could you cross a ten-foot river with an eight-foot board, a barrel, a rope and a candle?

WASH- 'Weekend at sunny Hunstanton'. This is held during November, at a luxury holiday camp, near Hunstanton, in Norfolk. There are live bands and discos every night, plus more beer!

The Federation also offers training and self-development opportunities.

The Federation is divided into areas and each area has a training officer, who will run a variety of training events sessions, e.g. 'Organising yourself', Motivation and 'Getting your point across'.
Plus also runs training weekends. Including presentation skills, assertiveness, team skills and leadership skills. On completion, you are presented with a certificate. The skills you acquired during these weekends could help you further your career!

If after a few months you want to get more involved,
why not stand for a position on the committee?

The Committee is elected every six months at a Bi-AGM. Main posts include: Chairperson, Treasurer, Secretary, Publicity and Activities. If you are even more ambitious, you can stand for an Area position or become the Area's National representative!

So, have I convinced you yet, or are you worried you won't cope with the pace!

As we're not doing any of this to make a profit, there's no pressure. Members can join in as many or as few events as they want.
We charge £1 fee for every Thursday night you attend, to cover administrative costs, But the first three nights are free to any prospective member, with one or two more weeks to decide whether or not to join, if you need it.

Membership currently is free for one year.

Well, we're all looking forward to meeting you, so come along next Thursday.

If you don't fancy turning up on your own, give me a call on 01235 810361 or 07760448637 and I'll arrange for someone to collect you.

See you soon! Tina Bunyan October 2009