

Jamie Woodbridge Solihull Plus



NATIONAL POOL COMPETITION WINNER 2007

Inside this issue:

**FOCUS – MW@MK – WASH – NEAT – SADY
And lots more!**

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Focus 2008

Social Networking in the real world

What did you do today to make something ordinary special for someone?

After the formality of the 2008 Annual General Meeting the "Focus" day will be an informal but structured discussion for the benefit of the active Plus member and the Federation as a whole.

The discussion will be fun, challenging and lively, outcomes currently identified being:

- **Members will be motivated to run an active Plus Group providing activities and recruitment; a Plus Group that is outgoing and active in the community**
- **Members will have a positive attitude and be willing to engage in anything, provided that it is legal**

The "Focus" day will provide Focus on what we do and how we do it, two innovative methods to achieve this will be employed; **World Café** and **FISH!**

FISH! - The NEC has purchased "FISH!" a **skill** that provides the process, tools and language to generate the skills and enthusiasm necessary to design a Federation full of **inspiration, creativity and innovation**.

FISH! creates a **common language**, a language that will help improve the Plus culture by using four simple practices;

- **Be There**
- **Play**
- **Make Their Day and**
- **Choose Your Attitude™**

World Café - As a conversational process, World Café is a simple, innovative method of hosting conversations about questions that matter.

The conversations will link and build on each other as members move between groups, cross-pollinate ideas, and discover new insights into the questions or issues that are most important to Plus.

World Café can evoke and make visible the collective intelligence of any group, thus increasing people's capacity for effective action in pursuit of common aims.

Focus 2008 is to be held on Sunday 24th February at the Falstaff Hotel, Royal Leamington Spa.

If you care about the future of Plus and also wish to be part of the future of Plus then please attend this event.



For this event to run smoothly, guides are needed to enable the discussion.

Such guides will gain insight into the promoting of debate, an understanding of how to construct and produce such events and will gain experience that will help in their careers.

If you wish to be passionate about enabling, communicating and sharing ideas within Plus please contact Francis Wallington or Adam Redshaw.

NATIONAL CHAIRMAN'S COLUMN



I've been a member of Plus for a very long time, when I first joined Plus (known as 18 Plus back then), there were two slogans popular at the time; "We'll do anything! Provided it's legal!" and "The more you put in to Plus, the more you get out!"

The latter slogan was used to encourage members to get involved with the organising side of things - it was not used to discourage those who didn't want to join the Committee. It was also used to encourage members to attend events outside their local Group at Area and National levels.

In recent years there seems to have grown a resentment of members who do not wish to participate in the organising side of Plus. We also seem to hear from some ex-Plussers and current Plussers who complain that there is too much of the Committee side of Plus.

If Plus is to grow then we have to accept that we will have members who do not want to join the Committee and who will only be members for eighteen months to two years - this has to be

acceptable and encouraged if we are to recruit large numbers of new members.

Such members do have a value in Plus; obviously the increased numbers of members increases potential attendance at events, there's the increase in funds through membership fees, subs and entry charges to events. Such members are fun to have around.

The first slogan: "We'll do anything! Provided it's legal!" was used in all kinds of publicity to show that Plus would have a go at any activity no matter how daring or silly.

The success of events like the MAD weekend and "Now Get Out Of That" seem to indicate that Plus members are still quite daring, however it seems to be a while since Plus has done something in public for Charity in fancy dress!

I first became aware of Plus from a newspaper article about a charity fancy dress cricket match.

Perhaps we should re-introduce the idea of a National Charity?

At the November National meeting we hope to be able to appoint the following Officers:

- **Training Officer;** Training is important at all levels of Plus and should be encouraged through special training events and through learning by doing Committee posts
- **Internet Co-ordinator;** Publicity is an important part of what Plus needs to do and one of the main tools of the NEC is the Web Site which I wish to see developed further
- **Plus News Editor;** Plus News is a valuable communications and publicity tool
- **Auditors;** the NEC is looking for additional Auditors to help audit the 2007 accounts

Please forward any enquiries or your nominations to the NEC or myself.

Between now and the end of the year there are many exciting events planned, especially those for members nationally; the highlight of the year is WASH in November organised by Kings Lynn Plus.

Congratulations to North Thames & Chilterns Area on the opening of the latest new Plus Group, "Ricky Plus" and to Lincs Quest on their Fifth anniversary.

John A Smith

A MODERN FAIRY TALE

Once upon a time, there existed a group of people who would stop at nothing in their search of a good time, the wilder and wackier the activity, the better, especially if it involved lots of food and drink and riotous parties!

These people really knew how to live life to the full. So, who were they? and what happened to them?

Well, they used to be called 'Grimsby and Cleethorpes 18 Plus', but when members became more 'plus than 18', it was felt that it was time to move on and the Group closed.

All fairy tales should have a happy ending, but this story doesn't, because it isn't over yet; these people are still here, only they're now called 'Lincs Quest' and we celebrated our fifth birthday during September.



Starting with just five members in 2002, the Group has gone from strength to strength, with a membership now of nearly fifty.

Last year, we became victims of our own success when our venue became too small and we had to make the decision to move to larger premises, otherwise there would have been no room for further growth and all publicity would have to have been suspended!



The bizarre excesses of youth may have given way to more 'grown up' activities, but we still believe in enjoying ourselves. We have a good mix of members, singles and couples, male and female, with ages ranging from 30s to 60s. A full programme of events awaits anyone who wishes to join and activities have included days and nights out, theatre and cinema trips, ghost walks, bowling, hiking, parties and barbecues, not to mention archery and gliding.

So, if you do have an aging group and are struggling to recruit in the 18-35 age range, why not look at becoming a Second Tier Group - it could well give you and the Group a new lease of life.

We've certainly found that there is a market out there and it has been encouraging to see so many new people join the Federation.

Anniversary Party

We had a FANTASTIC night on Wednesday September 5th, with forty people there; twenty-five Lincs Quest members, seven from Kings Lynn Plus and eight prospective new members, whom we didn't know about as the article which they saw in the paper hadn't printed our phone number



To say it was busy is an understatement and the atmosphere was buzzing!. I don't think Geoff and I sat down till about 10.45 pm and Kings Lynn didn't leave us until after 11 - haven't they got homes to go to?!!

Two prospective new members will definitely be joining as they paid for the Christmas meal and another three have their names down for events and look likely.

Lis Buller
Chairman, Lincs Quest

EAST ANGLIA AREA PLUS TRAINING DAY

East Anglia Area Plus invite you all to our Training Day, which we are holding on SUNDAY 23RD SEPTEMBER 2007 at The Crown Public House, Romford, Essex from 2pm. Admission is free.

We have identified three of the most important and most requested training needs in PLUS today, consequently the afternoon will be devoted to the following:

- **CHAIRMANSHIP**
- **PUBLICITY**
- **WEB MARKETING**

This is the latest in a series of highly acclaimed training events run by East Anglia Area Plus.

Although admission is free to all PLUS members, we ideally need to know numbers, and which training modules you would like to participate in, in advance.

Please note: The above training sessions will take place simultaneously, so it will only be possible for each participant to take part in one module).

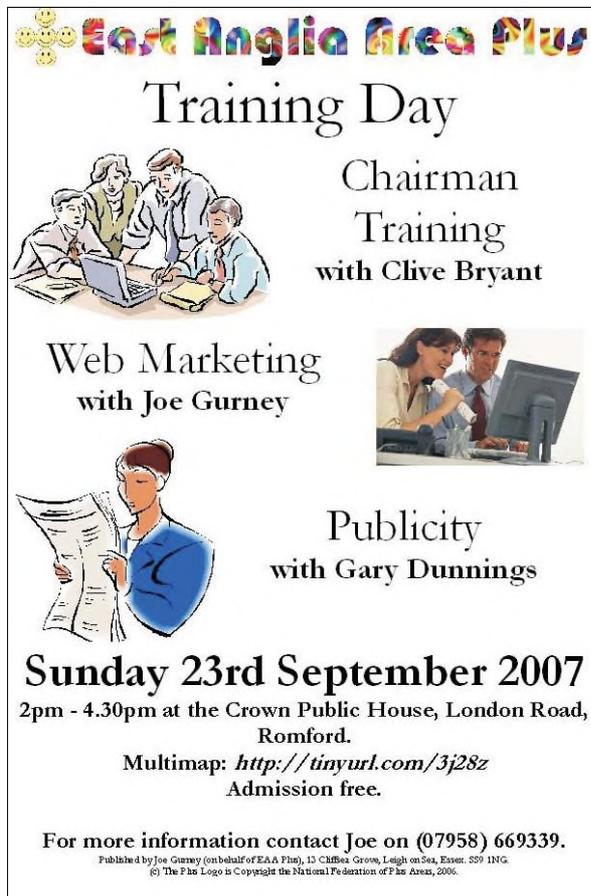
The Training Team

Clive Bryant is an Honorary Life Member of East Anglia Area, and former Area Chairman. He is an experienced Trainer, having taken part in ART and Inspire, as well as previous East Anglia Area Training Days. He has extensive experience of PLUS at National, Area and Group level.

Plus groups in the Area, where his successful press releases and publicity initiatives have gained almost legendary status. Gary is an experienced Trainer, and has also presented training modules for Group Treasurers at previous East Anglia Area Training Days.

Joe Gurney is Chairman of East Anglia Area Plus

and former National Training Officer and Area Training Officer. He has acted as a Trainer at Inspire, as well as East Anglia Area Training Days. Joe is also the web-master of the Thurrock Plus web site and has been able to successfully use it to attract a large number of potential new members to PLUS.



The poster features the East Anglia Area Plus logo at the top, followed by the title 'Training Day'. Below the title are three sections: 'Chairman Training with Clive Bryant' with an illustration of people around a laptop; 'Web Marketing with Joe Gurney' with a photograph of a man and woman at a computer; and 'Publicity with Gary Dunnings' with an illustration of a woman reading a newspaper. At the bottom, it states the date 'Sunday 23rd September 2007', time '2pm - 4.30pm at the Crown Public House, London Road, Romford.', contact information 'Multimap: <http://tinyurl.com/3j28z>' and 'Admission free.' It also includes a contact number for Joe Gurney and small print at the very bottom.

Gary Dunnings is also an Honorary Life Member of East Anglia Area Plus. Gary has almost thirty years of Publicity work for Barking & Dagenham Plus, as well as other

Joe Gurney
East Anglia Area Plus



EDITOR'S DEVELOPMENT "RICKY PLUS"

Plus News editor Richard Mahaffey has moved on to spend more time starting and publicising the new "Ricky Plus" Group.



A number of us, (Rhianna Wright, Lance Creed, Tracy Thorn & I) are in the process of setting up a new Rickmansworth Plus Group ("Ricky Plus").

We have a lot to do to get the Group opened; publicity, finalising of venue, meeting date etc.

The opening is set to take place at the Fox & Hounds, the pub next to Marks & Spencers, Rickmansworth on Tuesday September 11th at 8:30 p.m.

We are also in the process of organising

an Area disco (with support from North Thames & Chilterns Area), to be held in Rickmansworth on 25th November.

For more information about "Ricky Plus" or if you live in the area and wish to help the rest of us, all help will be gratefully received, please get in touch with myself or any of the names featured above.

Richard Mahaffey
"Ricky Plus"
Committee member

www.rickyactiveplus.org.uk

Brean 2008

Preparations for Brean 2008 to be held at Brean Leisure Park, Brean Sands, Burnham-On-Sea, Somerset are going very well; some exciting bands have already been booked and the planning for new events throughout the weekend has begun.

Costs have gone up slightly as it is to be held later in the year (Friday 11 - Mon 14 April), we are working hard to keep Brean 2008 affordable and it should be a good one.

More details will follow soon.

Andy Campbell &
Emma Dunning

Contributions to this issue of Plus News have come from:

- John A Smith
- Alison Jones
- Joe Gurney
- Kirsty van Lieshout
- Lis Buller
- Richard Mahaffey
- Francis Wallington
- Philippa Mann
- Tina Bunyan
- Iain Stuart Parkes
- Adrian Barnard
- Andy Campbell
- Emma Dunning
- Christine Ticehurst
- Claire Coles

SOCIAL NETWORKING ON-LINE

According to The Economist; "In America, people are FLOCKING to sites categorised as 'net communities and chat' chiefly social networking web-sites such as MySpace, Bebo and Facebook. Traffic to such sites is poised to overtake traffic to sex sites any day now."

The growing interest in social networking sites highlights the fact that human beings are social creatures. For our lives to have meaning we need to interact and not just be spectators or voyeurs. The best interactions are in the real world, in person, face to face.

Plus offers social networking on-line and in the real world



www.plusgroups.org.uk

The NEC have recently upgraded the server for the National Plus web site and are investigating the possibility of creating a more interactive web

site – what features would you like to see on such a web site?

Facebook

Facebook is proving to be quite popular with Plussers; I am aware of about forty members registered already!

With tons of Plus video footage and photos uploaded to the Facebook web site and with the "Groups" that are Plus related expanding quickly, our organisation is becoming quite visible!

For example, I often see someone posting a notification that they are attending a Group night or weekend Plussing activity, and if I see it then all their other friends can too! It is possible to post an activity on their events calendar (such as: - Weekend at Sunny Hunny (WASH 2007) that people can invite their other plussing friends to too.

The more of us who use it, then the more visible we become - especially if we all mention it on our profiles, post events on the calendar and join the Plussing groups like

"Plus" and "WASH Appreciation Society" etc.

Building up links on-line will have a knock on effect to our Groups offline!

Iain Stuart Parkes
"Biggles"



YouTube

YouTube is a potentially powerful medium that we can use to promote PLUS, but it would take someone with a decent digital video camera and decent editing software to exploit it to its fullest capacity.

Joe Gurney
East Anglia Area

Despite the technical difficulties there are many Plus videos on YouTube and Facebook by both Joe Gurney and Iain Parkes, they are all worth a look.

www.youtube.com

www.facebook.com

Who Do You Think You Are ?

By Fil Bettis
Lichfield 18 Plus

You've all seen the BBC TV programme, where Celebrities trace back their family tree to find their ancestors are some aristocrat or an axe-murderer... It's so popular that ITV did a similar one with "You Don't Know You're Born"

So I decided to trace my family tree, maybe I am unknowingly related to some wealthy family who have died out to one rich old man who can leave me all his money when he dies.

It was quite easy to get started, a bit of family knowledge from my Mother and a months free trial on the Ancestry.co.uk web site to get access to the census results for the 1800's and I was away...

This is part of what I found.

My Grandfather was William Bettis. His Father was also called William Bettis and his Father was James Bettis who in 1868 married a lady called Emma

Hudgill. Emma and James had nine children, along with my Great Grandfather William they had four other boys and four girls.

Their eldest daughter was Eliza Bettis, now Eliza had twelve children herself - two of them before she got married so they retained the Bettis name, the second of these was a boy called Arthur, who had a son called Frederick Bettis, and Frederick had a daughter called Margaret.

Margaret Bettis married a man called Ronald Filer, and they had three children, the youngest a son called David.

David Filer, Dave Filer... sounds familiar... Yes, *that* Dave Filer.

It turns out that the National Activities Officer, Mr Filer, and I are third cousins, once removed.... Can anyone see any family resemblance??? (... and please, no comments about Mr Filer's ancesors being born out of wedlock!).

So be careful if you explore your family

tree... you never know who you might find you are related to!



Phil Bettis and Dave Filer photographed together at NGOOT 2002

AGM 2008

The 2008 Annual General Meeting is to be held on Saturday 23rd February at the Falstaff Hotel, Royal Leamington Spa.

The National Chairman invited all Groups and members to attend at the 2007 AGM and a resolution at the May NEC meeting was also passed inviting all members to attend this event and also appointing Midland Area Chairman, Adam Redshaw as AGM 2008 Co-ordinator.

In addition Groups are mandated to send up to two delegates to represent their Group at the Annual General Meeting.

SADY 2007

SADY and Dalesbridge are an excellent base for exploring the Dales, English Lakes, Forest of Bowland, Skipton and Saltaire.

Corinna tells me that fifty members attended SADY contributing to the extremely relaxed friendly atmosphere.

May I say as an organiser, how much I enjoyed participating in this event and leading the walks.

It was a lovely relaxing way to spend a holiday with a lively mix of old friends and new faces.

We had a wonderful weekend of warmth and sunshine. My washing is getting very wet outside.

Aside from touching footpaths that I had not previously scouted, the highlights were as follows:

- watching the landlady of the Harts Head Hotel manage the front of house in a way that would put Mr Ramsay to shame

- exploring the village and church of Giggleswick
- exercising my wok and culinary skills for Mr Smith

I would like to thank Adrian Barnard for his energy and being willing bus driver, Pete Mann for being First Aider and Ralph Grimble for being a willing Tailend Charlie on the walk to Giggleswick (there were twenty-five persons on a walk of over five miles).

It is pleasing to know that the Plus Boule sets were used, they are available for competitions and Group nights.

Corinna and I have discussed the 2008 event. We were wondering if there are volunteers who would like to help run this event and gain support in learning to run National scale events?

Please contact us directly.

Chocolate Cake
Francis Wallington



Photos by F Wallington



Photo by M Hewson

MW@MK - MAD 2007

Where to start...
at the beginning!

The party started for 5 Southampton Frienders and South Hampshire Questers on Friday night.

We squeezed ourselves and all of our luggage into Rich's car (yes, I had the biggest bag). Within 5 minutes we were happily settled on the motorway having broken out the apple laces, tortilla chips, bottles of water, sweeties, chocolate bars, biscuits, kitkats and carrot sticks (courtesy of the ever health conscious Sam).

Not far up the A34 we hit a spot of traffic and crawled and crawled and crawled but came up with a few games to entertain ourselves.

We finally rolled into Milton Keynes at around 8:30pm and swiftly made our way to our hotel with minimal getting lost, arriving at around 3:00am. If you've

ever been to Milton Keynes and suffered what I suppose could be described as their attempt at "sign posts" you'll appreciate that 6½ hours to locate ones hotel is a pretty good time. We enjoyed a brief bevy in the bar and called it a night.

Up the next morning and after a hearty breakfast we headed off to the Airkix, the indoor sky diving.



This was an amazing experience and one I'd recommend to anyone. Getting to hover around on top of a giant fan is trickier than it looks. I did nearly fall out of



the door at one point – luckily the instructor caught me just in time!



After a quick bite for lunch we raced off to the go-karting track and picked up a few other Plussers to join in the event.



In our second boiler suit of the day, we had a well-fought and fierce battle for the top spot, but as I hope you're aware by now (but I'll tell you again anyway as I love getting to say this...) first place was awarded to Helen Morton, with her mildly bitter younger brother rolling up in second place. How's your silver trophy Rich? Proudly displayed on the mantelpiece yet?



One of the quotes from the weekend was from yours truly, when I declared to Matt that the only reason that I came in fifth and he finished sixth was "not so much down to my driving skill, but rather your lack of" as he spun out spectacularly on a bend and allowed me to sneak past.

Happy and beginning to ache we headed back to the pub and then went out for a fabulous tapas dinner.

After such an eventful day we returned to the hotel in dribs and drabs and met up at Snowzone at 8.30 Sunday morning all bleary eyed and already exhausted.

Helen suggested that next time we just do a couple of the events over the weekend as it was a bit much to pack it all in over the two days. Rich's response was "well that's why it's called the "Mad Weekend at Milton

Keynes", otherwise it would just be called the "Weekend at Milton Keynes". Glad we cleared that one up, nice job Rich.

Having kitted up and looking fab we got out onto the slope and got to ski and board with varying degrees of success, but with lots of laughter had by all.

We headed off in search of brunch and after being fed and watered we checked out of the hotel, met up in the bar and went off to Aerial Extreme.

This is a rope and bridge assault course up in the trees and despite being tied on by a harness I found this the most psychologically challenging event of all. The difference of being 15 feet up in the air compared to being on the ground is incredible, but we all found our balance and by the end of the course were really enjoying ourselves.



By this point we were tired, aching, stiff, bruised, hungry and ready to come home after a fantastic weekend!

The drive back was pretty standard but our aching limbs seized up on a number of occasions. We were all pretty relieved to make it back home to have a bath and crawl into our own beds.

What a fabulous weekend and superbly organised; everything ran like clockwork! Thank you to Kirsty and Rich for all of their hard work, believe me organising something like the MW@MK is not for the faint hearted. A superb effort!

Final count: Seriously injuries (0), bruises (multiple), hangovers (several), hours of sleep (too few), sibling rivalries rekindled (1), cups of strong coffee consumed (dozens), number of smiles and laughs (infinitely too many to count),

Inspiration for the colour scheme: the bruise on my left knee!

Philippa Mann
So'ton Friends

WASH 2007

It is quite possible to overlook that WASH is an ideal opportunity for you to have a relaxing Autumn break in the company of friends in the popular Norfolk countryside at a much reduced price than you would expect to pay at Centre PARCs or other similar centres (Four sharing at Centre Parcs Thetford in similar accommodation over the same weekend would be £112 each).



For a start we will be occupying the centre's top of the range accommodation, which in mid-summer would set you back the best part of £1,000 per week. All units are warm, cosy and have all the facilities you would expect.

Your bed is even made for you on arrival. All have colour TV's and many have

microwave ovens, dish washers and DVD players.

On site we have an indoor swimming pool with two organised aqua aerobics sessions with Jacuzzi, sauna and Gymnasium.

There is also a highly regarded Country club and nine hole golf course, all of which are available to members attending.

You will also have the opportunity to try your hand at Laser Clay Pigeon Shooting.

The Norfolk coast line gives the more energetic a chance for spectacular walking and the area is steeped in traditional Country Pubs. Within a fifteen minute drive of Searles is Royal Sandringham, with over 1,000 acres of



woodland to explore. If retail therapy floats your boat, then the City of Norwich is less than an hour away and has recently opened a new



shopping centre which has been described as one of the best in the UK.

As we have said, we believe the party atmosphere at WASH is second to none, but if a relaxing stress free break in the company of friends is what you fancy then WASH has the answers

Keith Israel
Chairman WASH 2007
Kings Lynn Plus

Fancy Dress

This year there will be an "open" theme for the fancy dress - so, basically, whatever you fancy! Get those thinking caps on!

"Party 'til the sun comes up!"

NEAT 2007 - LEEDS

NEAT 2007 started off in the very centre of Leeds with a *spicy bang* when all attending the Friday night went to the Spice Quarter on Millennium Square; food types included; Thai, Chinese, Indian and Italian.

The rest of the evening went on well into the early hours of Saturday morning with drinks at various pubs . . . in fact it was going so well that one of the NEAT Committee (John), missed his train home to Huddersfield and another of the Committee, one Alison had an argument with a Bouncer hoping that the evening could continue beyond closing time!



Saturday's National Pool Competition at the Elbow Room was an extremely entertaining tournament, with some very good talent and skill exhibited from many competitors.

Following the Pool Competition there was time for people to view Leeds at their leisure before the sumptuous dinner at Bewley's Hotel Brasserie.

The evening in the Wellington with "White Hot and Blue" as our entertainment was a real treat, the band were truly outstanding.



Bradford Plus Group organized Sunday's BATH (Bradford Annual Treasure Hunt); it was a great way to wind down whilst enjoying some culture in the Royal Armouries museum, a really relaxing and enjoyable end to a superb weekend.

Jamie Woodbridge of Solihul Plus Group was winner of the National Pool Competition for the second year running. Coventry Plus members Dave Filer and Pete Mann were second and third respectively.

The competition was held at this year's NEAT and the venue was The Elbow Room, Leeds.



The winning team in BATH was Matthew Dickinson & Andrea Rutter of Chiswick Plus with Bradford member Mark Randall and Huddersfield member John A Smith.

Claire Jones
Bradford Plus

NEAT 2008

Plans are already being put together for NEAT 2008. Possible locations being considered are York and Scarborough.



COMPETITIONS & SPORTS PAGES

MAD - Karting results

All You Race Freaks!!

The weekend of 1 - 2 September was a very fast blast. We would like to thank everybody who made the Mad Weekend @ Milton Keynes 2007 another weekend to remember!

I bet you are all dying to know what happened during the National Karting Competition. Well, as predicted we have a new Louise Hamilton!!!

1st Helen Morton 3:36.72
2nd Richard Morton +0.94
3rd David Morgan +15.37
4th Peter Mann +18.04
5th Philippa Mann +20.30
6th Matthew Bonar +1 lap



Best Lap Times:

1. Richard Morton 20.26
(Southampton Friends)
2. Helen Morton 20.28
(South Hampshire Quest)
3. Matthew Bonar 20.50
(Sutton Coldfield Plus)
4. David Morgan 20.68
(Southampton Friends)
5. John Priestley 21.19
(Reading Plus)
6. Philippa Mann 21.20
(Southampton Friends)
7. Peter Mann 21.25
(Coventry Plus)

8. Adrian Barnard 21.29
(Oxford Plus)
9. Kirsty van Lieshout 21.42
(South Hampshire Quest)
10. Sam Mehta 21.48
(South Hampshire Quest)
11. Tim Wild 21.51
(Southampton Friends)
12. Marieta Ilieva 21.76
(Coventry Plus)
13. Peter Robinson 22.84
(Reading Plus)
14. Amanda Sayers 23.98
(Southampton Friends)

Kirsty

Treasure Hunt - results

Eight teams took part in our annual National Treasure Hunt on July 7th starting at 4:30 p.m. at the Tattershall Castle on The Embankment.

The theme was the Tour de France. All teams had to go to the prologue route and get answers from the race. It was very crowded but we could see the riders coming through by Green park.

The route then took in the St James Palace area, Convent Garden, Somerset House and Lincoln Fields.

All the teams did very well and the results were very close. Teams from Barnet & Essex shared top 1st place, with Cheading 3rd, all taking home the prize money.

Thank you to everyone who participated, and to all the organisers, Brian, Tina, Andy, Adrian, and Rob.

Look out for news of next year's National Treasure Hunt 2008, something completely different!

Equal 1st
East Anglia Area Plus (92)
St. Barnabridge 2 (92)
3rd
Cheading (87)
4th
The Late Starters (84)
Equal 5th
King's Covenfield (83)
St. Barnabridge 1 (83)

Tina Bunyan
Slough, Windsor & Eton Plus

NEAT - Treasure Hunt

The Royal Armouries, Leeds was the venue for this year's Bradford Annual Treasure Hunt (BATH) organised by Bradford Plus.



1st Matthew Dickinson & Andy Rutter, Chiswick Plus, Mark Randall, Bradford Plus and John A Smit, Huddersfield Plus

2nd Adrian Barnard & Tina Bunyan, Slough Plus and Steve & Leanne Browning Bishop Stortford Plus

FOOTBALL 2007 - RESULTS

The winners this year were the 'Oxford' team made up of Oxford / Coventry & Didcot Plus members, including Dave 'Rocky' Filer, and Huw 'Striker' Morris.



The runners up team were the Barnet 'at least we don't have a paunch' team made up of Barnet and Slough Plus members, notably Gary Schwimmer, and Craig Bunyan.

Also participating were Reading group made up of Plus members from Reading and Didcot Groups, most audibly noticeable. Janet 'The Loudest' Rintoul.

The high-light of the competition was Dave clearing Adrian's head from the goal area with a well placed fist! During practice. Thanks Dave!

Adrian Barnard
Didcot Plus

Football & Buffet

Thank you to everyone who attended the National five a side football competition, buffet and dance on Saturday 2nd June at the Powerleague Soccer Centre in Slough.

The final result was:

1. Oxford / Coventry
2. Hillingdon / Barnet
3. Reading



Thank you to Tina, Adrian and Rob who prepared the buffet.

Thank you everyone who came to the evening dance, really good music Adam, well done.



Thanks to Tina, Andy, Adrian, Leo and Susan, who were on the door, and Ben who helped with the food and raffle.

It was a really enjoyable day.

Tina Bunyan
Slough, Windsor & Eton Plus

NEAT – Pool results

The Elbow Room, Leeds was the venue for the second annual Pool Competition held during the NEAT weekend organised by Northern Area Plus.

- 1st Jamie Woodbridge
Solihul Plus
- 2nd Dave Filer
Coventry Plus
- 3rd Pete Mann
Coventry Plus



Forthcoming Plus Events 2007 – 2008

Sat 1st – Sun 2nd Sep 2007 **National:** MW@MK (Milton Keynes)
Sat 1st Sep 2007 **National:** Karting Competition (Milton Keynes)
Sat 8th Sep 2007 **North Thames & Chilterns:** Stevenage Disco
Sun 9th Sep 2007 **North Thames & Chilterns:** Area Conference
Fri 14th – Sun 16th Sep 2007 **National:** NEAT (Leeds)
Sat 15th Sep 2007 **National:** Pool Competition (Leeds)
Sat 22nd Sep 2007 **North Thames & Chilterns:** Ten Pin Bowling
Sun 23rd Sep 2007 **East Anglia:** Training Day (Romford)
Sun 23rd Sep 2007 **Midland:** General Knowledge Quiz
Sun 30th Sep 2007 **Northern:** Laser Quest (Sheffield)
Sun 30th Sep – Sun 7th Oct 2007 **Southern:** Holiday to Cyprus
Sun 14th Oct 2007 **East Anglia:** Conference (Romford)
Sun 14th Oct 2007 **Midland:** Badminton Competition
Sat 20th Oct 2007 **Southern:** Ten Pin Bowling Competition (Reading)
Sun 21st Oct 2007 **Northern:** Ten Pin Bowling Competition (Sheffield)
Sat 27th Oct 2007 **Midland:** Area Conference & Halloween Party
Sat 27th Oct 2007 **North Thames & Chilterns:** Chiswick Disco
Fri 2nd – Mon 5th Nov 2007 **National:** WASH-Weekend At Sunny Hunstanton
Sub 11th Nov 2007 **Northern:** Area Conference (Sheffield)
Sat 17th Nov 2007 **National:** NEC Meeting
Sun 18th Nov 2007 **Midland:** Pool Competition
Sat 24th Nov 2007 **North Thames & Chilterns:** Rickmansworth Disco
Sun 25th Nov 2007 **East Anglia:** RGT Ten Pin Bowling (Dagenham)
Fri 30th Nov – Mon 3rd Dec 2007 **Southern:** Centre Parcs Weekend
Sun 2nd Dec 2007 **Midland:** Area Music Quiz
Sat 8th Dec 2007 **Northern:** Christmas Disco, Baildon, Bradford
Sat 8th Dec 2007 **Southern:** Christmas Disco, Slough
Mon 31st Dec 2007 **North Thames & Chilterns:** New Years Eve Party
Mon 31st Dec 2007 **Southern:** New Years Eve Party
Sun 20th – Sun 27th Jan 2008 **National:** Skiing holiday, Bulgaria
Sun 20th Jan 2008 **East Anglia:** Annual General Meeting
Sat 16th Feb 2008 **National:** Badminton Competition
Sat 23rd Feb 2008 **National:** Annual General Meeting, Royal Leamington Spa
Sun 24th Feb 2008 **National:** FOCUS
Sat 1st Mar 2008 **East Anglia:** Quiz (Dagenham)
Fri 11th – 14th Apr 2008 **National:** Brean Sands Holiday
Sun 20th Apr 2008 **East Anglia:** Conference
Sun 27th Apr 2008 **East Anglia:** RGT Badminton Competition
Fri 2nd – 5th May 2008 **National:** Now Get Out Of That (host: Southern) or
Fri 23rd – 26th May 2008 **National:** Now Get Out Of That (hos: Southern)
Sat 10th May 2008 **National:** NEC Meeting
Fri 13th – Sun 16th June 2008 **National:** SADY (Dalesbridge, Yorkshire) or
Fri 20th – Sun 23rd June 2008 **National:** SADY (Dalesbridge, Yorkshire)
Sat 17th – Sat 24th Sep 2008 **National:** Holiday Abroad
Sat 13th – Sun 14th Sep 2008 **National:** NEAT (Yorkshire) or
Sat 20th – Sun 21st Sep 2008 **National:** NEAT (Yorkshire)
Fri 14th – Mon 17th Nov 2007 **National:** WASH

More information on these and other events may be found on the World Wide Web at www.plusgroups.org.uk

This issue of PLUS NEWS was edited by John A smith. Please e-mail articles, programmes and comments to plusnews@18plus.org.uk